



STOTT PILATES® Teacher Training Course Application

Please Print, Fill Out and Submit Application via email attachment or stop by the studio:

Address: Core Fusion Pilates + Yoga, 621 E. Southlake Blvd, Suite 110, Southlake, TX 76092

email: info@cfpilatesyoga.com

Studio Phone: 817-329-2733

CONTACT INFORMATION

First Name:	Last Name:	
Address:		
City:	State:	Zip:
Primary Phone:	Other Phone:	
Primary E-Mail:	Other E-Mail:	

COURSE & WORKSHOP REGISTRATION*

✓	Standard Courses (Level 1)	Early Bird Registration	Early Bird Price	Late Registration	Late Price
	Intensive Mat-Plus™ (IMP) Classroom 40 hours Jan 31 Feb 1, 2, 3 Feb 13, 14, 15, 16	01/16/19	\$1,300	01/17/19- 01/23/19	\$1,500
	Intensive Reformer (IR) Classroom 50 hours Feb 28 March 1, 2, 3 March 29, 30, 31 April 12, 13, 14	02/15/19	\$1,700	02/15/19- 02/22/19	\$1,900
	Intensive Cadillac, Chair and Barrels (ICCB)	TBD			
	Intensive Cadillac only	TBD			
	Intensive Chair only	TBD			
	Intensive Barrels only	TBD			
	Injuries and Special Populations (ISP)	TBD			
✓	Advanced Courses (Level 2)	Early Bird Registration	Early Bird Price	Late Registration	Late Price
	Advanced Mat (AM) Feb 17, 2019	02/03/19	\$275	02/04/19- 02/10/19	\$325
	Advanced Reformer (AR)	TBD			
	Advanced Cadillac, Chair, and Barrels (ACCB)	TBD			
	Advanced Cadillac only	TBD			
	Advanced Chair only	TBD			
	Advanced Barrels only	TBD			
✓	Workshops	Early Bird Registration	Early Bird Price	Late Registration	Late Price
	TBD				

REQUIRED COURSE MATERIALS – These materials may be purchased at Core Fusion Pilates + Yoga, ** Up to 2 weeks before the course starts.

Mat/Reformer Support Material	\$30
Intensive Mat-Plus Course Package	\$175
Intensive Reformer Course Package	\$225
Advanced Mat, 3 rd Ed DVD	\$50

**please note we do not ship required material, for pick up only.

RECOMMENDED ANATOMY MATERIALS - *These resources are not available at Core Fusion Pilates + Yoga, however you may want to purchase these as additional resources for your practice.*

- Trail Guide to the Body, Andrew Biel
- Anatomy Flash Cards, Anne Gilroy
- Atlas of Anatomy, Gilroy, MacPherson, Ross
- Anatomy of Movement, Blandine Germain
- Muscular System Flash Pak, Bryan Edwards

EDUCATION & RELEVANT EXPERIENCE = please tell us about yourself
Degrees and Certificates:
Anatomy and/or Biomechanics Education:
Fitness Instruction and/or Coaching Experience & Duration:
Pilates Experience:
ADDITIONAL INFORMATION = Please list Injuries, conditions or postural concerns that you know may limit your performance during the education. Physical participation is required. Any physical concerns acquired during the education that impede physical participation will not exempt student from completing all required hours.

<p><u>PAYMENT INFORMATION</u></p> <p>Please make payment for courses, workshops and required course materials through our secure online system at Core Fusion Pilates + Yoga Mindbody Online.</p>
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Your Signature _____ Date _____

*For detailed information on the STOTT PILATES® Intensive Instructor Training Program, please go to this page on the Merrithew™ website: <https://www.merrithew.com/stott-pilates/instructor-training/courses/intensive-program>.