



CORE FUSION PILATES + YOGA

## STOTT PILATES® Teacher Training Course Application

**Address:** Core Fusion Pilates + Yoga, 621 E. Southlake Blvd, Suite 110, Southlake, TX 76092

**email:** [info@cfpilatesyoga.com](mailto:info@cfpilatesyoga.com)

**Studio Phone:** 817-329-2733

### CONTACT INFORMATION

First Name:		Last Name:	
Address:			
City:		State:	Zip:
Primary Phone:		Other Phone:	
Primary E-Mail:		Other E-Mail:	
What STOTT PILATES® programs are you interested in:			

**RECOMMENDED ANATOMY MATERIALS** - *These resources are not available at Core Fusion Pilates + Yoga, however you may want to purchase these as additional resources for your practice.*

- Trail Guide to the Body, Andrew Biel
- Anatomy Flash Cards, Anne Gilroy
- Atlas of Anatomy, Gilroy, MacPherson, Ross
- Anatomy of Movement, Blandine Germain
- Muscular System Flash Pak, Bryan Edwards

### EDUCATION & RELEVANT EXPERIENCE = please tell us about yourself

Degrees and Certificates:

Anatomy and/or Biomechanics Education:

Fitness Instruction and/or Coaching Experience & Duration:

Pilates Experience:

**ADDITIONAL INFORMATION** = Please list Injuries, conditions or postural concerns that you know may limit your performance during the education. Physical participation is required. Any physical concerns acquired during the education that impede physical participation will not exempt student from completing all required hours.

Your Signature \_\_\_\_\_ Date \_\_\_\_\_

### **PAYMENT INFORMATION**

Please make payment for courses, workshops and required course materials through our secure online system at [Core Fusion Pilates + Yoga Mindbody Online](http://www.cfpilatesyoga.com).